

Diversity and Acceptance Training

Length: 1 Day

COURSE CONTENT

RECOGNIZING BIASES, PREVENTING DISCRIMINATION & COMMUNICATION

This portion of the course is designed to be extremely thought provoking while examining sensitive, real-world topics. This class focuses on communication skills, specifically how we can move away from divisive conversations and into connecting dialogues. You will also break down conscious and subconscious barriers that prevent us from communicating effectively.

The focus is on unconscious biases, while examining the dynamics between gender, race, class, sexual orientation, religion and many more areas that impact your workforce.

The emphasis is on personal awareness, acceptance and taking personal responsibility for our attitudes and behaviors while building the foundation of empathy.

Topics:

DIVERSITY:

- Understanding Diversity
- Understanding Stereotypes
- Breaking down Barriers
- Diffusing Issues before they Escalate
- Being Proactive
- Empathy – The secret ingredient
- Define Prejudice- Learn how to alleviate it within our workplace

PERSONALITY PROFILE

- How personalities impact acceptance and our ability to broaden our perspectives
- Understanding the unique personality traits within the Workplace and develop strategies to create acceptance and enhance communication
- Learn how to navigate different personality traits and break down barriers that negatively impact performance
- Unconscious Bias