Introduction to **P**ersonal **L**eadership **E**ffectiveness™

Workshop Summary:

This one day workshop offers a timely and relevant learning process to help organizations develop the **personal leadership effectiveness** of their managers, supervisors and employees. More than ever organizations realize that a person's character has a direct impact on their culture as well as their human capital risks and financial bottom-line. Therefore, it is of vital importance for organizations to structure a sustainable "**character-driven leadership"** learning environment.

A person's character and behavioral DNA is comprised of certain **A**ttitudes, **B**eliefs and **C**ommitments that are vital to how they maximize their personal and professional growth. Like a computer, human beings need an "***operating system"*** that provides a practical methodology to enable them to leverage their unique gifts.

- ❖ **A**ttitudes are a pattern of emotions and actions that indicate a person's mental state and disposition.
- ❖ **B**eliefs are the mental framework in which a person forms their opinions, judgment and acceptance of what is true.
- ❖ **C**ommitments are the mental framework in which a person makes choices to act in a certain and consistent manner with their attitudes and beliefs.

Who Should Attend:

The workshop is designed for managers, supervisors or employees who want practical tools and applications to take better control of their current and future success for both of their personal and professional life. The better an organization understands the DNA of its managers, supervisors and employees the more likely they will achieve their short-term and long-term business objectives.

Each Participant Will Learn How To:

- ✓ *Be proactive, develop healthy new habits and improve their personal discipline.*
- ✓ *Build an accurate self-image based on increasing self-awareness.*
- ✓ *Cultivate a positive attitude that gives them a proper perspective when faced with fears, problems and other difficulties.*
- ✓ *Drive their actions by their values (personally and professionally).*
- ✓ *Discover and execute a clear sense of personal mission and purpose in their life.*
- ✓ *Balance their personal priorities, attitudes, and goals.*
- ✓ *Have the ability to effectively listen, confront and empathize when interacting with personal and professional relationships.*
- ✓ *Commit to continuously investing in their personal character development.*
- ✓ *Build in the ability to handle change and make necessary mid-course corrections.*
- ✓ *Persevere and stay focused on priorities and not give up during difficult times.*

Training Course List for Leaders

Learning Environment:

This training program establishes the foundational personal awareness that is essential to leverage all other business knowledge and skills. This program provides valuable learning methodologies, tools and processes to help organizations maximize their human capital assets.

This workshop has been researched and developed based upon a proprietary character-based, "inside-out" learning model that is focused upon first understanding the individual character competencies and behavioral traits of a person. The learning model can be applied to help empower each individual toward maximum performance, productivity and a high level of sustained proficiency.

Workshop Topic Outline:

Make Things Happen
- Become disciplined
- Develop good habits

Achieve Personal Significance
- Leverage your strengths
- Develop your weaknesses

X-Out the Negatives
- Accept problems
- Believe the best
- Cast off the negatives

Internalize Right Principles
- How to do the right thing
- Understanding your value system

March to a Mission
- Developing a mission mindedness
- Importance of goals and long-term vision

Integrate All of Life
- Balancing the 7 vital areas of life
- The importance of cross-training

Zero In on Caring for People
- Building a team on unity
- Understand personal communication
- Manage relationships

Energize Internally
- Building our character
- Sustaining our contribution

Realign Rigorously
- Assessing problems
- Developing impactful solutions

Stay the Course
- Achieve results
- Perseverance in reaching goal

Workshop Outcomes and Benefits:

Personal / Professional
- ✓ *Self-Awareness*
- ✓ *Personal Responsibility*
- ✓ *Self-Discipline*
- ✓ *Values Clarification*
- ✓ *Personal Achievement*
- ✓ *Better Relationships*
- ✓ *Greater Sense of Purpose*
- ✓ *Personal Significance*

Team / Organizational
- ✓ *Empowered Culture*
- ✓ *Improved Communications*
- ✓ *Greater Productivity*
- ✓ *Effective Team Work*
- ✓ *Increased Retention*
- ✓ *Enhanced Company Morale*
- ✓ *Improved Employee Engagement*
- ✓ *Overall Performance*